

**SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE,  
M.H. MEHTA SCIENCE COLLEGE, PALGHAR,  
DIST- PALGHAR.**

**Celebration of World Health Day**

**Date: 7<sup>th</sup> April, 2021**

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## 1. Formation of the committee



*SONOPANT DANDEKAR SHIKSHAN MANDALI'S*  
**SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE,  
M. H. MEHTA SCIENCE COLLEGE, PALGHAR,  
DIST- PALGHAR.**

**Date : 10/03/2021**

**Following faculty members are hereby informed that committee is formed for 'celebration of World Health Day' which will be held on 7<sup>th</sup> April, 2021.**

<b>Organizing Committee</b>		
1	<b>Dr. Kiran Save</b>	Principal
2	<b>Dr. Suhas Janwadkar</b>	Head, Department of Chemistry
3	<b>Prof. Mahesh Deshmukh</b>	Supervisor, Sr. College Aided
4	<b>Dr. Harshad Vanmali</b>	Supervisor, Sr. College Unaided
5	<b>Dr. Dilip Yadav</b>	Coordinator, SD Science Club
6	<b>Dr. Vaibhava More</b>	Member
7	<b>Asst. Prof. Prashant Mogle</b>	Member
8	<b>Asst. Prof. Siddhi Mhatre</b>	Member
9	<b>Asst. Prof. Jaiba Shaikh</b>	Member
10	<b>Asst. Prof. Shrutika Raut</b>	Member

**Dr. Kiran Save**

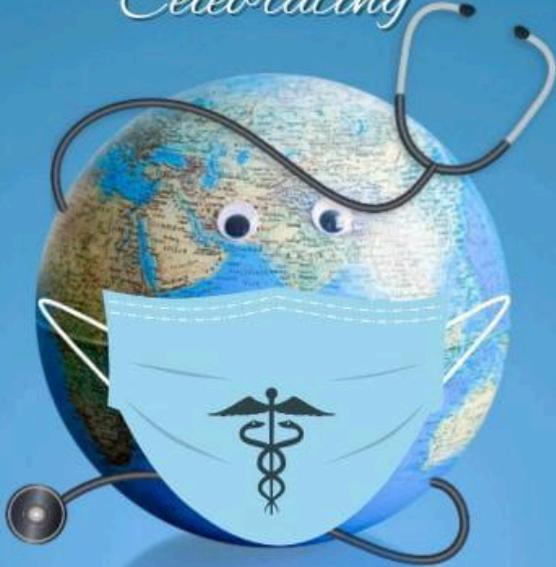
## 2. Activity arranged

Date	Name of the Activity	Speaker/Chief Guest	Objectives
7 <sup>th</sup> April, 2021	Celebration of World Health Day	<b>Dr. Abineet Patil,</b> <b>MBBS</b> <b>Kelve, Palghar</b>  BMI & Hemoglobin test activity	The celebration of World Health Day in college can serve as a platform for students to learn, engage, and take action towards improving their own health and that of their communities. <ul style="list-style-type: none"><li>● To raise awareness about important health issues and concerns among students.</li><li>● To aware students about topics such as nutrition, physical activity, mental health, and disease prevention.</li><li>● To promote healthy behaviors among students.</li></ul>

### 3. Notice for student

SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE &  
M.H. MEHTA SCIENCE COLLEGE

*Celebrating*



**+**

**7 APRIL  
WORLD  
HEALTH DAY**

**+**

*"The greatest wealth is health."*

- ▶ Interactive session with Dr. Abhineet Patil, M.B.B.S.
- ▶ Two Interesting Test:- BMI and Basic of HEMOGLOBIN

CHEMISTRY BUILDING  
ROOM NO:101  
TIME:- 10:00 TO 12:00

ORGANISED BY:-  
SD SCIENCE CLUB

**HEALTH FOR ALL**

**WELLBEING WORKS!!**

## 4. Invitation Letter to Expert



Sonopant Dandekar Shikshan Mandali's  
**SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE**  
Palghar, Dist. Palghar, Pin - 401 404.  
Code.: (02525) 252163, Prin : 252317 • Resi. : 252316  
website : [www.sdsmcollege.com](http://www.sdsmcollege.com) • Email: [sdsmcollege@yahoo.com](mailto:sdsmcollege@yahoo.com)

Date : 6<sup>th</sup> March, 2021

To,  
**Dr. Abhineet Patil,**  
**MBBS,**  
**Kelve, Palghar**

Respected sir,

We are glad to inform you that Science Club, Sonopant Dandekar college, Palghar have arranged the celebration of World Health Day on 7<sup>th</sup> April, 2021.

We request you to give lecture on 'Mental Health & Youth' in this seminar. This seminar activity will be carried out in a hybrid mode. We will share zoom link for your lecture after accepting our invitation.

With regards

Yours faithfully

**Dr. Kiran Save**  
Principal

## 5. Appreciation letter to Expert



Sonopant Dandekar Shikshan Mandali's  
**SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE**

Palghar, Dist. Palghar, Pin - 401 404.

Code.: (02525) 252163, Prin : 252317 • Resi. : 252316

website : [www.sdsmcollege.com](http://www.sdsmcollege.com) • Email: [sdsmcollege@yahoo.com](mailto:sdsmcollege@yahoo.com)

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Date : 9<sup>th</sup> April, 2021

To,  
Dr. Abhineet Patil,  
MBBS,  
Kelve, Palghar

**Subject : Thanks Letter**

Respected sir,

I would like to thank you very much for being present virtually for 'Celebration of World Health Day' on 7<sup>th</sup> April, 2021 and for giving informative speech on occasion of same.

With regards

Yours faithfully

**Dr. Kiran Save**

Principal

## 6. Attendance Report

### Attendance National Health Day Programme

Sr No	Name	Date
		07/04/2022
1	BARI ALPITA MAHESH	<i>Alpita</i>
2	SOLANKI DIMPLE MAHESH	<i>M Solanki</i>
3	PIMPLE SHRADDHA MADHUKAR	<i>SM Pimple</i>
4	PATIL SAMRUDDHI VIJAY	<i>Samrudhi</i>
5	BARI KRUTIK KIRAN	<i>Krutik</i>
6	BOHERE LABHESH RAJARAM	<i>L.B.</i>
7	SAVE JIDNYESH NITIN	<i>Jidnyesh</i>
8	PIMPLE YASH SUNIL	<i>Yash</i>
9	PATIL GAYATRI PITAMBAR	<i>Gayatri</i>
10	SANKHE SIDDHANT VIJAY	<i>Sankhe</i>
11	THAKARE VANDESH SUDHAKAR	<i>Vandesh</i>
12	GAIKWAD MITESH NILESH	<i>Mitesh</i>
13	THOKE SUJATA KAILAS	<i>Sujata</i>
14	BIRARI GAURAV LAXMAN	<i>Gaurav</i>
15	BIRARI ROHAN RAMA	<i>Rohan</i>
16	SHARMA VISHAL HARISHANKAR	<i>Vishal</i>
17	GHARAT SANKET SANTOSH	<i>Sanket</i>
18	CHAUHAN VANDANA MUNNALAL	<i>Vandana</i>
19	SHINDE VISHAKHA VILAS	<i>Vishakha</i>
20	THAKUR SAKSHI BABAN	<i>Sakshi</i>
21	SALINS SUNNYKUMAR SAMUEL	<i>Sunny</i>
22	RAUT ADITYA SUBHASH	<i>Aditya</i>
23	WADE PRIYA SURESH	<i>Priya</i>
24	PATIL SWAGAT NIVAS	<i>Swagat</i>
25	PATIL ABHAYA MANOHAR	<i>Abhay</i>
26	MHATRE UTKARSHA KIRAN	<i>Utkarsha</i>
27	RANE VEDANTI MAHESH	<i>Vedanti</i>

28	MAURYA AMITKUMAR SHIVNANDAN	<i>Maurya</i>
29	UMRANI FATIMA DILAWAR	<i>Fatima</i>
30	YADAV POONAM DHARAMRAJ	<i>Poonam</i>
31	MOHANTY ALOK KAILASH	<i>Alok</i>
32	SINGH SNEHA ALOK	<i>Sneha</i>
33	MEHER YASH VIKAS	<i>Meher</i>
34	PIMPLE SANIDHYA VIKAS	<i>Simple</i>
35	DHOTRE SHEETAL RAMESH	<i>Sheetal</i>
36	SAWANT DHANASHREE MACHHINDRA	<i>Sawant</i>
37	PATEL KRISH ASHOK	<i>Krishi</i>
38	BARI RADHIKA MORESHWAR	<i>Radika</i>
39	BARI MIHIR RAJESH	<i>Mihir</i>
40	PATIL VEDIKA SHASHIKANT	<i>Vedika</i>
41	SINGH ABHISHEKH RAJENDRA	<i>Abhi</i>
42	MOHITE MONIKA SANDEEP	<i>Monika</i>
43	YADAV ANJALI RAJESH	<i>Anjali</i>
44	SINGH CHANDA KUMARI MANOJ	<i>Chanda</i>
45	JAGTAP HARSHALI SANTOSH	<i>Harshali</i>
46	GAWAD DARVIKA NARESH	<i>Darvika</i>
47	GUPTA NEHA BALKISHAN	<i>Neha</i>
48	SANKHE VIRAJ VIJAY	<i>Viraj</i>
49	RATHOD HONEY MITHALAL	<i>Honey</i>
50	JADHAV SAHIL SURESH	<i>Sahil</i>
51	PATIL ESHWAR LAKHICHAND	<i>Eshwar</i>
52	SINGH NITESH UPENDRA	<i>Nitesh</i>
53	MAHALE AJAY BHIMRAO	<i>Ajay</i>
54	DHANDARE ASHISH SANJAY	<i>Ashish</i>
55	PAWADE SHRUSHITI EKNATH	<i>Pawade</i>
56	NANKAR JAYENDRA RAJENDRA	<i>Jay</i>
57	PAWADE HARSH ASHOK	<i>Harsh</i>

58	MUKADAM MUNTAHA MUNIB	Mukadam
59	AHIRE BHARGAVEE CHHAGANLAL	Ahire
60	CHAUDHARI HARDIK BHUPENDRA	Hardik
61	BHOYE USHA RAMU	Bhoys
62	ADSUL SHRUTIKA DHANAJI	Shrutika
63	ARI SHRUTI PRAVIN	Shrutika
64	TAMORE SHRUTIKA RAJESH	S.P. Tamore
65	CHAURASIA KARAN RAJESH	K
66	KHARPADE DINESH RAMAN	Kharpade
67	VINKAR SAPANA RAMESH	Sapana
68	HARIJAN ARCHANA PARMARAM	Archana
69	UMBARSADA RAJENDRA NANU	RN
70	MEHER SRUSHTI NILESH	Srushti
71	HUSSEN RABINAKHATUN ZAKIR	Hussein
72	PATIL ANJALI LAXMAN	Patil
73	MORE BABITA VIJAY	B.M.
74	RAUL MAYURI MAHESH	Mayuri
75	TANDEL PRAJWAL BHAURAO	Tandel
76	CHAUDHARI PRANJILI SANDIP	Pranjili
77	BHURKUD SAGAR SHANKAR	Sagar
78	PATIL YADNYESH MANIK	Patil
79	PATIL JIDNESH PRADIP	Jidnesh
80	ADHIKARI VEDIKA BABAN	Vedika
81	VEDWAL ANJALI JEETENDRA	ANJALI
82	KORE ANKITA JITENDRA	Ankita
83	NAIR ATHIRA GOPAKUMAR	Athira
84	TANDEL SHREYA RANDHIR	Shreya
85	MACHHI SIMA GANESH	Sima
86	PATIL ANUSHREE ASHOK	Anushree
87	DHANDE PUJA SUDHIR	Puja
88	PATIL TAPASVI PARSHURAM	Patil
89	BHOIR POONAM JAYDEV	Bhoir

90	SINGH ASMITA DEVENDRA	A. Singh
91	SHAIKH MOHAMMED HUSSAIN	M. Sheikh
92	RAUT BHAVIK NARESH	Bhavik
93	VALVI JAIDEEP SANTOSH	J. Valvi
94	BHESKAR VARUN BABU	V. Bheskar
95	RANE NIHAR AJIT	N. Rane
96	KADAM DIKSHALI DEEPAK	D. Kadam
97	GHARAT SWEJAL ANIL	S. Gharat
98	DAS GOVINDKUMAR VIJAYKUMAR	G. Das
99	PATIL SNEHAL RAMBHAU	S. Patil
100	BHURA KALPANA DASAMA	K. Bhura
101	HARSHA JADON RAJPAL	H. Harsha
102	KURHADA MANOJ BHAU	M. Kurhade
103	KATELA DHARMESH SINU	D. Katela
104	PATIL PRATIKSHA NARESH	P. Patil

## 7. Photographs



## **8. Report of the Programme**

On the 7th of April, our college celebrated World Health Day to raise awareness about the importance of maintaining good health and well-being. The event was organized by the college's SD Science Club, with the participation of students, faculty members, and Dr. Abhineet Patil, MBBS.

In addition to the guest lecture on Mental Health, there were also activities including BMI test and Hemoglobin test. These activities aimed to educate students on the importance of a healthy lifestyle and provide them with practical tools to improve their overall well-being.

A doctor who was a guest speaker at the event spoke about 'Mental Health & Youth'. Overall, the World Health Day celebration was a great success, with a large turnout of students and faculty members. The event provided an opportunity to promote healthy lifestyles, raise awareness about various health issues

## 9. Feedback Report

SONOPANT DANDEKAR SHIKSHAN MANDALI'S  
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### Sonopant Dandekar Science Club

#### Feedback form

Name of the Activity	Celebration of World Health Day
Date	7 <sup>th</sup> April, 2021

Name of the Student: Samruddhi V. Patil

Class & Division : FYBSC

Roll No : 2055

Tick (✓) appropriate option

Sr. No.	Particulars	Extremely satisfied	Satisfied	Neutral	Not satisfied	Extremely Not satisfied
1	How would you rate the overall quality of the lecture and activities?	✓				
2	The lecture was delivered in a clear and engaging manner.			✓		
3	Activities during programme were useful for my health.		✓			
4	Lecture and activities were relevant to your interests or field of study.			✓		
5	I Would like to recommend this type of lectures and activities to my fellow friends in future.		✓			

Samruddhi  
Signature of the Student

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**Sonopant Dandekar Science Club  
Feedback form**

Name of the Activity	Celebration of World Health Day
Date	7 <sup>th</sup> April, 2021

Name of the Student: Nihar A. Rane

Class & Division : MSc II

Roll No : 419

Tick (✓) appropriate option

Sr. No.	Particulars	Extremely satisfied	Satisfied	Neutral	Not satisfied	Extremely Not satisfied
1	How would you rate the overall quality of the lecture and activities?	✓				
2	The lecture was delivered in a clear and engaging manner.		✓			
3	Activities during programme were useful for my health.			✓		
4	Lecture and activities were relevant to your interests or field of study.		✓			
5	I Would like to recommend this type of lectures and activities to my fellow friends in future.			✓		

NRane

Signature of the Student